



Cae Mor Hotel

GOOD MORNING




FROM THE BUFFET


Chilled Fruit Juices 

Selection of Cereals 

Selection of Fresh Fruits 

Grapefruit, Prunes, Mandarins Fruit Yoghurts

Croissants, Brioche 

Porridge with or without Honey 

Boiled Egg cooked to your liking 

 Suitable for Vegetarians.


Items on this menu may contain nuts.

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

COOKED BREAKFAST

Full Welsh Breakfast


Danish Back Bacon, Sausage, Grilled Tomato, Mushrooms, Fried Bread, Black Pudding, Beans, Your choice of Egg Fried, Poached or Scrambled

Vegetarian Breakfast 

Vegetarian Sausage, Tomato, Mushrooms, Fried Bread, Beans, Your choice of Egg Fried, Poached or Scrambled

Smoked Salmon & Scrambled Egg
on Toast or Muffin

A Smoked Kipper
topped with Poached Egg

White, Brown or Mixed Toasted Bread 
With butter and preserves

BEVERAGES

Americano

Latte

Cappuccino

Espresso

Hot Chocolate

Selection of Teas

